



DIY LAVENDER LINEN SPRAY

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MAKES FOUR OUNCES

MATERIALS

- Small jar with tight-fitting lid
- 1 ounce (2 tablespoons) witch hazel or vodka
- 10 drops lavender essential oil
- 3 ounces (6 tablespoons) water
- Small funnel
- Spray bottle
- Printable label PDF
- Label sheet, printer and scissors

DIRECTIONS

In the jar, combine the witch hazel or vodka and the lavender essential. Place the lid on tightly and shake well for 15-20 seconds to combine the two.

Open the lid to the jar, add in the water. Replace the lid, and shake again for 15-20 seconds to combine.

Place the funnel in the opening of the spray bottle. Pour the mixture from the jar into the spray bottle. Replace the spray bottle lid.

Print, cut out and stick the label to the bottle. Spray on your pillows, sheets, and blankets. Sleep well!